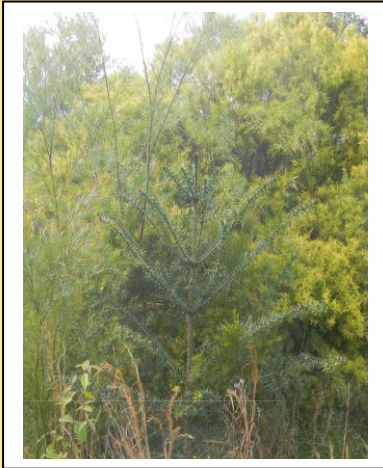




Indigenous Plants for Health Association (Inc)

"Awareness, Research & Development of Indigenous Plant-Based Products"

A Community Not for Profit Association



Indigenous Plants for Health Spring Field Day

Saturday, Sept 10th, 2022–9am
Held at Wootton Community Hall, Wootton NSW

**Full cost. Incl. lunch, morning and afternoon teas \$80 pp
(IPHA Members \$70)**

For registration, please visit
www.indigenousplantsforhealth.com

Wootton Community Centre in the Wootton Valley, 1633 Wootton Way 20k north of Bulahdelah on Worimi County.

Regeneration, restoration, education, health and abundance are pursued as a community on properties in the area. Neighbours working together to plant paddocks out with biodiverse forest, including, macadamias, finger-limes, bunya nuts, warrigal greens, lemon myrtle and other native Australian plants. Sue & Fred Fetherston are our hosts.

Programme

- 9-9.30—Register, chat & morning tea
- 9.30—Welcome by Andrew Pengelly and Fred Fetherston
Acknowledgement or Welcome to Country (if Elder available)
- 9.45-10.30—Distillation demo setup—Rob Santich
- 10.30-12.30—Walk through forests—Fred and Andrew
Id medicinal plants and biodiversity illustrated
- 12.30-1—Distillation collection/bottling—Rob
Everyone gets a sample bottle
- 1-2 Lunch—Hardwood Café catering with meat and vego options
- 2-2.30—Australian Bush Flowers—Kristin Coburn
- 3-3.30—Propagating and working with Bunyas—Fred
- 3.30-4—IPHA Persoonia Project followed by Questions & discussion
- 4—Making tea with Native herbs—Pat Collins—sample to take home
- 4.30—Afternoon tea
- 5—Close



Limited Camping available on local property—unpowered sites only

- Tents & campervans only—no caravans
- Subject to weather and farm/road conditions
- AWD maybe required
- RAT negative to covid before arriving
- No dogs
- Telstra emergency reception

Local guest house and lots of Airbnb in area

Special announcement: IPHA Australian Medicinal & Edible Plants Knowledge Cards for sale.

Full details, speakers bios available soon. More details on accommodation and dinner will be provided upon registration — For camping inquires: Contact Fred Fetherston suenfred555@bigpond.com